

1	10km	Overall-Men	First	Gold
2	10km	Overall-Women	First	Gold
3	10km	Men's (60+)	First	Gold
4	10km	Men's (60+)	Second	Silver
5	10km	Men's (60+)	Third	Bronze
6	10km	Women's (60+)	First	Gold
7	10km	Women's (60+)	Second	Silver
8	10km	Women's (60+)	Third	Bronze
9	10km	Men's (50-59)	First	Gold
10	10km	Men's (50-59)	Second	Silver
11	10km	Men's (50-59)	Third	Bronze
12	10km	Women's (50-59)	First	Gold
13	10km	Women's (50-59)	Second	Silver
14	10km	Women's (50-59)	Third	Bronze
15	10km	Men's (40-49)	First	Gold
16	10km	Men's (40-49)	Second	Silver
17	10km	Men's (40-49)	Third	Bronze
18	10km	Women's (40-49)	First	Gold
19	10km	Women's (40-49)	Second	Silver
20	10km	Women's (40-49)	Third	Bronze
21	10km	Men's (25-39)	First	Gold
22	10km	Men's (25-39)	Second	Silver
23	10km	Men's (25-39)	Third	Bronze
24	10km	Women's (25-39)	First	Gold
25	10km	Women's (25-39)	Second	Silver
26	10km	Women's (25-39)	Third	Bronze
27	10km	Youth-Boys (16-24)	First	Gold
28	10km	Youth-Boys (16-24)	Second	Silver
29	10km	Youth-Boys (16-24)	Third	Bronze
30	10km	Youth-Girls (16-24)	First	Gold
31	10km	Youth-Girls (16-24)	Second	Silver
32	10km	Youth-Girls (16-24)	Third	Bronze

33	10km	Youth-Boys (11-15)	First	Gold
34	10km	Youth-Boys (11-15)	Second	Silver
35	10km	Youth-Boys (11-15)	Third	Bronze
36	10km	Youth-Girls (11-15)	First	Gold
37	10km	Youth-Girls (11-15)	Second	Silver
38	10km	Youth-Girls (11-15)	Third	Bronze
39	10km	Youth-Boys (5-10)	First	Gold
40	10km	Youth-Boys (5-10)	Second	Silver
41	10km	Youth-Boys (5-10)	Third	Bronze
42	10km	Youth-Girls (5-10)	First	Gold
43	10km	Youth-Girls (5-10)	Second	Silver
44	10km	Youth-Girls (5-10)	Third	Bronze
Overall Medal Categories				
1	5km	Overall-Men	First	Gold
2	5km	Overall-Women	First	Gold
3	5km	Men's (60+)	First	Gold
4	5km	Men's (60+)	Second	Silver
5	5km	Men's (60+)	Third	Bronze
6	5km	Women's (60+)	First	Gold
7	5km	Women's (60+)	Second	Silver
8	5km	Women's (60+)	Third	Bronze
9	5km	Men's (50-59)	First	Gold
10	5km	Men's (50-59)	Second	Silver
11	5km	Men's (50-59)	Third	Bronze
12	5km	Women's (50-59)	First	Gold
13	5km	Women's (50-59)	Second	Silver
14	5km	Women's (50-59)	Third	Bronze
15	5km	Men's (40-49)	First	Gold
16	5km	Men's (40-49)	Second	Silver
17	5km	Men's (40-49)	Third	Bronze
18	5km	Women's (40-49)	First	Gold
19	5km	Women's (40-49)	Second	Silver
20	5km	Women's (40-49)	Third	Bronze

21	5km	Men's (25-39)	First	Gold
22	5km	Men's (25-39)	Second	Silver
23	5km	Men's (25-39)	Third	Bronze
24	5km	Women's (25-39)	First	Gold
25	5km	Women's (25-39)	Second	Silver
26	5km	Women's (25-39)	Third	Bronze
27	5km	Youth-Boys (16-24)	First	Gold
28	5km	Youth-Boys (16-24)	Second	Silver
29	5km	Youth-Boys (16-24)	Third	Bronze
30	5km	Youth-Girls (16-24)	First	Gold
31	5km	Youth-Girls (16-24)	Second	Silver
32	5km	Youth-Girls (16-24)	Third	Bronze
33	5km	Youth-Boys (11-15)	First	Gold
34	5km	Youth-Boys (11-15)	Second	Silver
35	5km	Youth-Boys (11-15)	Third	Bronze
36	5km	Youth-Girls (11-15)	First	Gold
37	5km	Youth-Girls (11-15)	Second	Silver
38	5km	Youth-Girls (11-15)	Third	Bronze
39	5km	Youth-Boys (5-10)	First	Gold
40	5km	Youth-Boys (5-10)	Second	Silver
41	5km	Youth-Boys (5-10)	Third	Bronze
42	5km	Youth-Girls (5-10)	First	Gold
43	5km	Youth-Girls (5-10)	Second	Silver
44	5km	Youth-Girls (5-10)	Third	Bronze

1	2km	Overall-Men	First	Gold
2	2km	Overall-Women	First	Gold
3	2km	Men's (60+)	First	Gold
4	2km	Men's (60+)	Second	Silver
5	2km	Men's (60+)	Third	Bronze
6	2km	Women's (60+)	First	Gold
7	2km	Women's (60+)	Second	Silver
8	2km	Women's (60+)	Third	Bronze
9	2km	Men's (50-59)	First	Gold
10	2km	Men's (50-59)	Second	Silver
11	2km	Men's (50-59)	Third	Bronze
12	2km	Women's (50-59)	First	Gold
13	2km	Women's (50-59)	Second	Silver
14	2km	Women's (50-59)	Third	Bronze
15	2km	Men's (40-49)	First	Gold
16	2km	Men's (40-49)	Second	Silver
17	2km	Men's (40-49)	Third	Bronze
18	2km	Women's (40-49)	First	Gold
19	2km	Women's (40-49)	Second	Silver
20	2km	Women's (40-49)	Third	Bronze
21	2km	Men's (25-39)	First	Gold
22	2km	Men's (25-39)	Second	Silver
23	2km	Men's (25-39)	Third	Bronze
24	2km	Women's (25-39)	First	Gold
25	2km	Women's (25-39)	Second	Silver
26	2km	Women's (25-39)	Third	Bronze
27	2km	Youth-Boys (16-24)	First	Gold
28	2km	Youth-Boys (16-24)	Second	Silver
29	2km	Youth-Boys (16-24)	Third	Bronze

30	2km	Youth-Girls (16-24)	First	Gold
31	2km	Youth-Girls (16-24)	Second	Silver
32	2km	Youth-Girls (16-24)	Third	Bronze
33	2km	Youth-Boys (11-15)	First	Gold
34	2km	Youth-Boys (11-15)	Second	Silver
35	2km	Youth-Boys (11-15)	Third	Bronze
36	2km	Youth-Girls (11-15)	First	Gold
37	2km	Youth-Girls (11-15)	Second	Silver
38	2km	Youth-Girls (11-15)	Third	Bronze
39	2km	Youth-Boys (5-10)	First	Gold
40	2km	Youth-Boys (5-10)	Second	Silver
41	2km	Youth-Boys (5-10)	Third	Bronze
42	2km	Youth-Girls (5-10)	First	Gold
43	2km	Youth-Girls (5-10)	Second	Silver
44	2km	Youth-Girls (5-10)	Third	Bronze

T1	Team	Fastest	1st	Trophy
T2	Team	Fastest	2nd	Trophy
T3	Team	Fastest	3rd	Trophy
T4	Team	Biggest Team		Trophy

T5	Indiv	Oldest Elder	First	Trophy
T6	Indiv	Youngest Runner	10km	Trophy
T7	Indiv	Youngest Runner	5km	Trophy
T8	Indiv	Youngest Runner	2km	Trophy

T9	Individual	Kitsumkalum	Beautification	Trophy
T10	Individual	Kitsumkalum	Memorial	Trophy
T11	Individual	Kitsumkalum	Memorial	Trophy

Total Medals:		132
Gold		48
Silver		42
Bronze		42